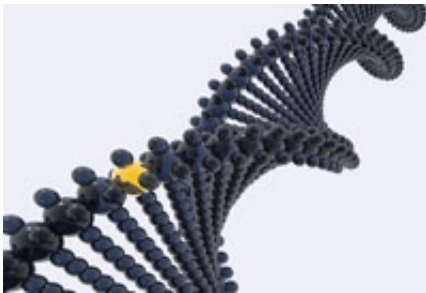


# Rare variants in gene coding may up risk of autoimmune disorders

July 1 2010, BY SUE MCGREEVEY

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(PhysOrg.com) -- Rare variants in the gene coding of an enzyme that controls the activity of a key immune cell occur more often in people with autoimmune disorders like rheumatoid arthritis and type 1 diabetes, Harvard researchers at Massachusetts General Hospital found in a multi-institutional study. The researchers' report, published in the journal *Nature*, identifies a pathway that could be a therapeutic target and may present a model for future studies of the role of rare gene variants in common disorders.

The senior author of the report is Shiv Pillai, M.D., Ph.D., an associate professor of medicine at Harvard Medical School and associate geneticist at the Massachusetts General Hospital's Center for Cancer Research.

“Pathways that involve rare disease-associated variants may point the way to therapies,” explains Pillai. “Our approach of identifying rare variants by detailed examination of the [gene sequence](#), followed by in vitro functional studies and analysis of effects in patients, could be a template for future full-genome studies.”

Earlier research conducted by Pillai’s team, in collaboration with the University of California at San Diego, found that mice in which the gene for an enzyme called sialic acid acetyltransferase (SIAE) was knocked out developed a condition similar to the autoimmune disease lupus. SIAE normally controls the activity of B cells, which produce antibodies after encountering and recognizing foreign antigens. Without the inhibiting action of SIAE, [B cells](#) that react against an individual’s own “self” tissues could be released into circulation, possibly resulting in an autoimmune disease. The current study was designed to investigate whether SIAE defects have a role in human autoimmune disease.

Most studies searching for genetic contributions to common diseases have been genome-wide association studies (GWAS), which scan key markers across participants’ genomes to find variations that are more frequent in those affected by a particular disorder. These scans have identified some common variants associated with cardiovascular disease, hypercholesterolemia, type 2 diabetes, and some autoimmune disorders; but in general the contribution of these variants to disease susceptibility has been very small. GWAS approaches have not linked any variants in SIAE to human autoimmunity; but since these studies do not scan each base pair in every gene, they cannot find variants that occur rarely in the general population but more frequently in affected individuals.

To more fully investigate the possible contribution of rare SIAE variants to human autoimmunity, the researchers completely scanned the protein-coding portions of the SIAE gene in blood samples from 923 individuals with common [autoimmune disorders](#) and 648 control participants.

Variants that interfered with either the activity or the secretion of the enzyme were found in 24 autoimmune participants and 2 of the controls, indicating that these changes were almost nine times more common in patients with autoimmune disease. One variant only prevented the secretion of SIAE if inherited from both parents, but the other 11 identified variants interfered with the enzyme's activity when only a single gene copy was altered.

“While loss-of-function variants in SIAE itself account for only about 2 or 3 percent of autoimmune cases, we are actively investigating other genes in this pathway that may be defective in a larger percentage of patients,” Pillai explains. “We’re also identifying subsets of patients with SIAE defects who may be candidates for several approaches to alleviate or even correct the defects.”

**More information:** Nature paper: [www.nature.com/nature/journal/...ull/nature09115.html](http://www.nature.com/nature/journal/full/nature09115.html)

Provided by Harvard University

Citation: Rare variants in gene coding may up risk of autoimmune disorders (2010, July 1) retrieved 20 July 2023 from <https://medicalxpress.com/news/2010-07-rare-variants-gene-coding-autoimmune.html>

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