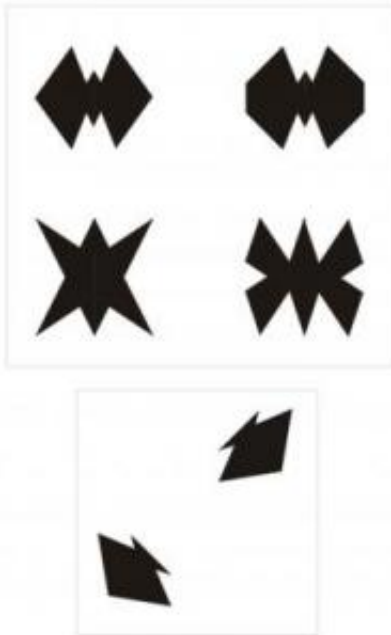


Spatial training boosts math skills

June 25 2013

1. Look at these pieces at the bottom. If you put the pieces together, they will make a shape.
2. Circle the shape the pieces make on the top.



Here is an example of a mental rotation problem from a groundbreaking Michigan State University study that shows spatial training can improve math ability. Credit: Michigan State University

(Medical Xpress)—Training young children in spatial reasoning can improve their math performance, according to a groundbreaking study from Michigan State University education scholars.

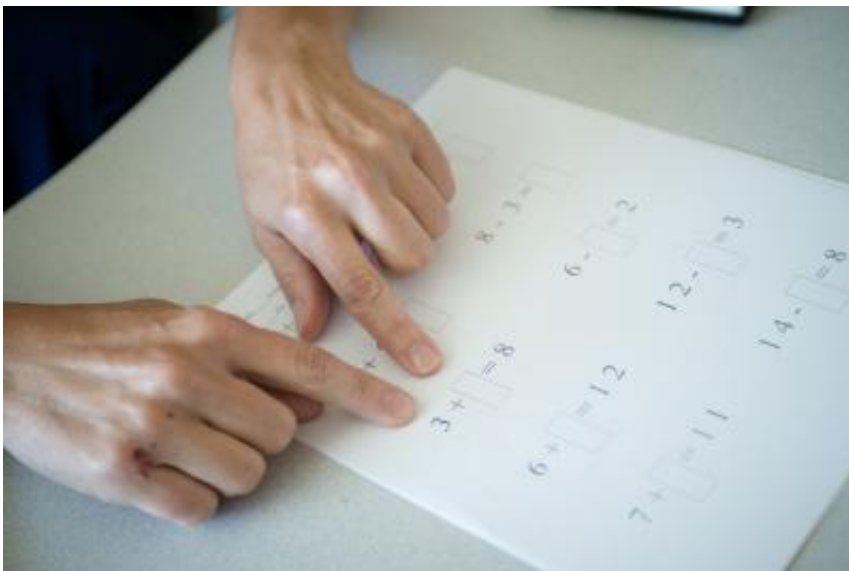
The researchers trained 6- to 8-year-olds in [mental rotation](#), a [spatial](#)

[ability](#), and found their scores on addition and subtraction problems improved significantly. The mental rotation training involved imagining how two halves of an object would come together to make a whole, when the halves have been turned at an angle.

Past research has found a link between [spatial reasoning](#) and math, but the MSU study is the first to provide direct evidence of a causal connection – that when children are trained in one ability, improvement is seen in the other. The findings will be published in a forthcoming issue of the *Journal of Cognition and Development*.

Kelly Mix, professor of [educational psychology](#), said the findings suggest spatial training "primes" the brain to better tackle calculation problems. Mix authored the study with Yi-Ling Cheng, a doctoral student in MSU's College of Education.

"What's shocking is that we saw these improvements in math performance after giving the students just one 20-minute training session in spatial ability," Mix said. "Imagine if the training had been six weeks."



Students trained in spatial ability performed better on "missing term" math problems like this one. Credit: Michigan State University

Understanding the connection between spatial ability and math, she said, is especially important in the early [elementary grades](#) because many studies indicate early intervention is critical for closing [achievement gaps](#) in math.

Spatial ability is important for success in many fields, from architecture to engineering to meteorology, according to a Johns Hopkins University paper. An astronomer must visualize the structure of the solar system and the motions of the objects in it, for example, while a radiologist must be able to interpret the image on an X-ray.

Some education experts have called for including spatial reasoning in the elementary math curriculum. But there are many forms of spatial ability and Mix said it's important to first figure out how each of them may or may not relate to the various math disciplines.

To that end, Mix is leading a larger study that tests elementary students on different forms of spatial ability and [math performance](#).

Provided by Michigan State University

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