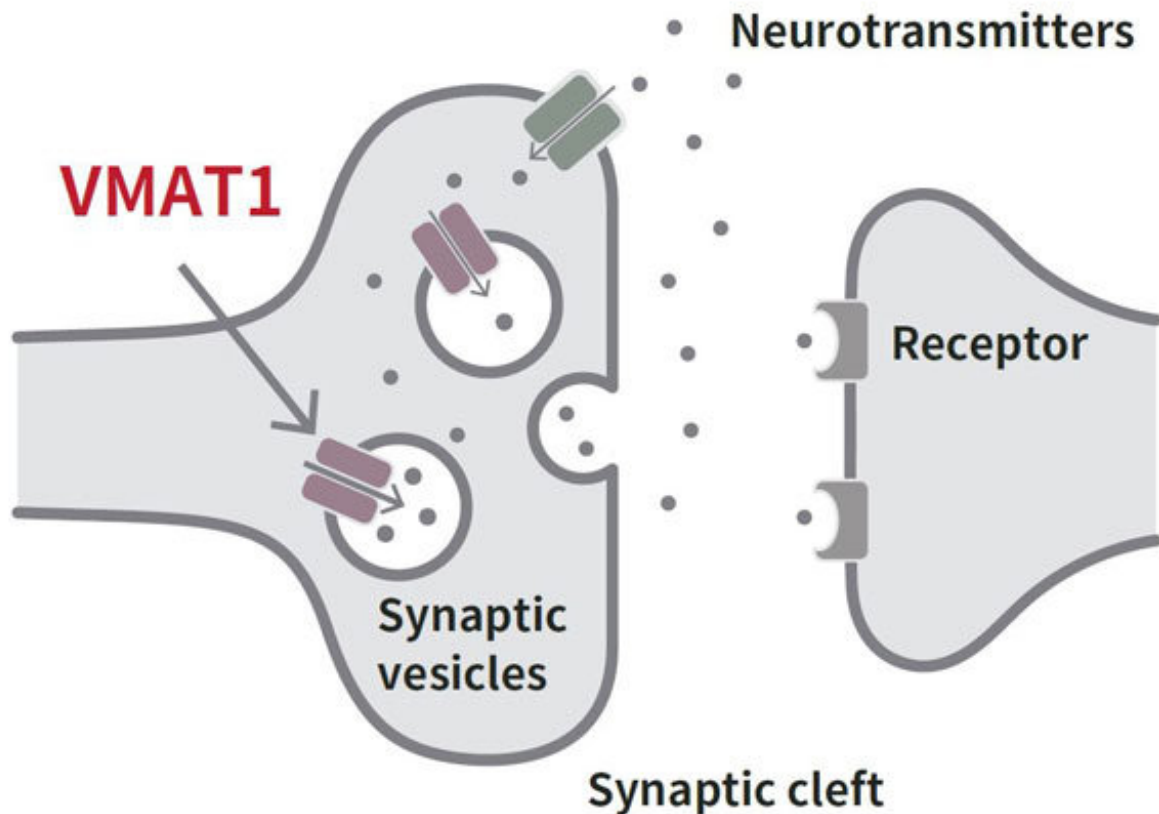


Evolution of psychiatric disorders and human personality traits

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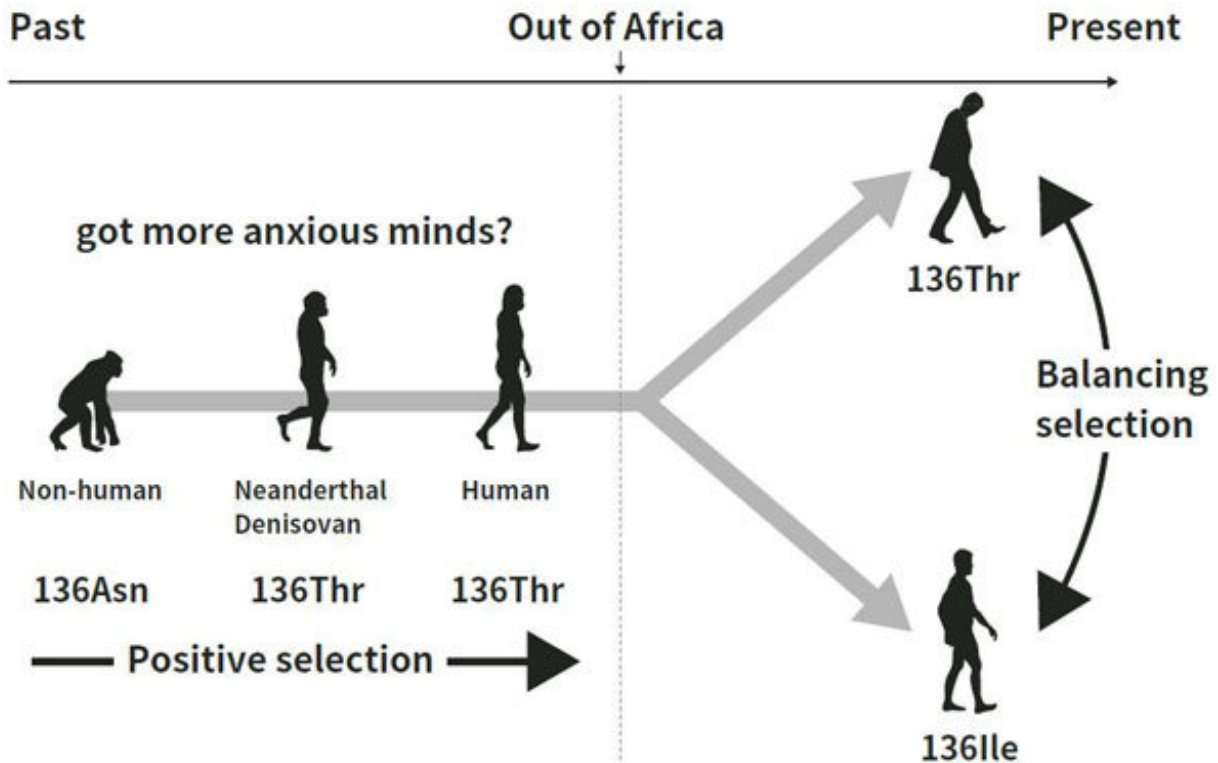
VMAT1 (vesicular monoamine transporter 1) is encoded by the SLC18A1 gene, which is involved in transfer monoamines, such as dopamine and serotonin.
Credit: Daiki Sato

How and why human-unique characteristics such as highly social

behavior, languages and complex culture have evolved is a long-standing question. A research team led by Tohoku University in Japan has revealed the evolution of a gene related to such human-unique psychiatric traits.

Ph.D. candidate Daiki Sato and Professor Masakado Kawata have discovered SLC18A1 (VMAT1), which encodes vesicular monoamine transporter 1, as one of the genes evolved through [natural selection](#) in the human lineage. VMAT1 is mainly involved in the transport of neurochemicals, such as serotonin and dopamine in the body, and its malfunction leads to various [psychiatric disorders](#). VMAT1 has variants consisting of two different amino acids, threonine (136Thr) and isoleucine (136Ile), at site 136.

Several studies have shown that these variants are associated with psychiatric disorders, including schizophrenia, bipolar disorder, anxiety, and neuroticism (a personality trait). It has been known that individuals with 136Thr tend to be more anxious and more depressed and have higher neuroticism scores. They showed that other mammals have 136Asn at this site but 136Thr had been favored over 136Asn during human evolution. Moreover, the 136Ile [variant](#) had originated nearly at the Out-of-Africa migration, and then, both 136Thr and 136Ile variants have been positively maintained by natural selection in non-African populations.



Evolutionary changes of VMAT1 during human evolution. Credit: Daiki Sato

The study by Sato and Kawata indicates that natural selection has possibly shaped our psychiatric traits and maintained its diversity. The results provide two important implications for human psychiatric evolution. First, through positive selection, the evolution from Asn to Thr at site 136 on SLC18A1 was favored by natural selection during the [evolution](#) from ancestral primates to humans, although individuals with 136Thr are more anxious and have more depressed minds.

Second, they showed that the two variants of 136Thr and 136Ile have been maintained by natural selection using several [population](#) genetic methods. Any form of natural selection that maintains genetic diversity within populations is called "balancing selection". Individual differences

in psychiatric traits can be observed in any human population, and some personality traits are also found in non-human primates. This suggests the possibility that a part of genetic diversity associated with [personality traits](#) and/or psychiatric disorders are maintained by balancing selection, although such selective pressure is often weak and difficult to detect.

More information: Daiki X. Sato et al. Positive and balancing selection on SLC18A1 gene associated with psychiatric disorders and human-unique personality traits, *Evolution Letters* (2018). [DOI: 10.1002/evl3.81](#)

Provided by Tohoku University

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