

# Low vitamin D tied to risk for renal hyperfiltration in healthy adults

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(HealthDay)—Severe vitamin D deficiency is associated with an

increased risk for renal hyperfiltration (RHF) in relatively healthy adults, according to a study published in the December issue of *The American Journal of Clinical Nutrition*.

Jong Hyun Jhee, from the Inha University College of Medicine in Incheon, South Korea, and [colleagues](#) analyzed data from the Korean National Health and Nutrition Examination Survey [study](#) (2008 to 2015) to evaluate the association between RHF and vitamin D status among 33,210 participants with normal renal function. Severe vitamin D deficiency was defined as serum 25-hydroxyvitamin D concentration

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