

More awareness of *Choosing Wisely* campaign needed for nurses

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Greater awareness of *Choosing Wisely* recommendations among nurses

could promote high-value care for acute and critically ill patients, according to a study published in the November issue of the *American Journal of Critical Care*.

Clareen A. Wiencek, Ph.D., R.N., from the University of Virginia School of Nursing in Charlottesville, and colleagues examined nurses' reports of the use of *Choosing Wisely* recommendations in critical care settings in a survey of members of four societies.

The researchers found that 38.3 percent of the 1,651 acute and critical care nurses who were members of the American Association of Critical-Care Nurses (AACN) and responded to the survey reported being familiar with the *Choosing Wisely* campaign. Overall, 620 reported implementing the five Critical Care Society Collaborative recommendations, including reducing diagnostic testing, reducing the number of red blood cell transfusions, not using parenteral nutrition in adequately nourished patients, not using deep sedation in patients receiving [mechanical ventilation](#), and offering comfort care for patients at high mortality risk (50.2, 85.5, 47.3, 80.5, and 67.1 percent, respectively). Nurses' awareness of the recommendations was increased by staff education, specific protocols, electronic medical record alerts, and order sets.

"Because nurses consistently oversee [patient care](#) at the bedside, they can play a significant role in ensuring that organizations and individual units are aware of, and work to implement, the *Choosing Wisely* critical care recommendations," Wiencek said in a statement.

More information: [Abstract/Full Text](#)

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