

# German health minister advocates tougher curbs on contacts

January 5 2022

---



Karl Lauterbach, Federal Minister of Health, looks out of his office shortly before his participation in the video conference of the German government's expert council on the Corona pandemic in Berlin, Germany, Tuesday, Jan. 4, 2022. Credit: Michael Kappeler/dpa via AP

Germany's health minister is advocating tougher curbs on contact

between people as the country prepares for a new rise in coronavirus infections fueled by the omicron variant.

Chancellor Olaf Scholz and the country's 16 state governors are set to confer Friday on charting a way forward. They're likely to build on restrictions introduced just after Christmas that limited private gatherings to 10 [people](#), among other things.

"Tightening will unfortunately be necessary to face the serious wave that is coming our way," Health Minister Karl Lauterbach told the RedaktionsNetzwerk Deutschland newspaper group in comments published Wednesday. He said he would make proposals, but didn't elaborate.

Lauterbach also renewed an appeal for vaccine holdouts to reconsider. He said people who remain unvaccinated in Germany can't expect contact restrictions for them to be lifted "in the short- or medium-term."

Scholz and the governors also are expected to consider shortening required quarantine periods, something that many other countries already have done.

At present, people who are infected have to self-isolate for 14 days; fully vaccinated people who have no symptoms can end that period after five days with a negative PCR test. People who have close contact with someone who tests positive are quarantined for 10 days; quarantine can be ended after seven days with a negative rapid test or five with a negative PCR [test](#).



Max Walther, Test Center Manager, stands in front of Anna Overbeck during a Corona quick test at the Kulturarena Stromwerk in Dresden, Germany, Tuesday, Jan. 4, 2022. Credit: Sebastian Kahnert/dpa via AP

The COVID-19 situation in Germany remains somewhat foggy because of patchy testing and reporting over the holiday period. On Wednesday, the national disease control center, the Robert Koch Institute, said that 58,912 cases were reported over the past 24 hours.

It put Germany's infection rate at 258.6 new cases per 100,000 residents over the past seven days. A week ago, Lauterbach said that the real infection rate was probably two to three times as high as the official figure.

On Tuesday, the disease control center said the COVID-19 hospitalization rate stood at 3.12 per 100,000 residents over seven days.

© 2022 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

Citation: German health minister advocates tougher curbs on contacts (2022, January 5) retrieved 18 July 2023 from <https://medicalxpress.com/news/2022-01-german-health-minister-advocates-tougher.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.