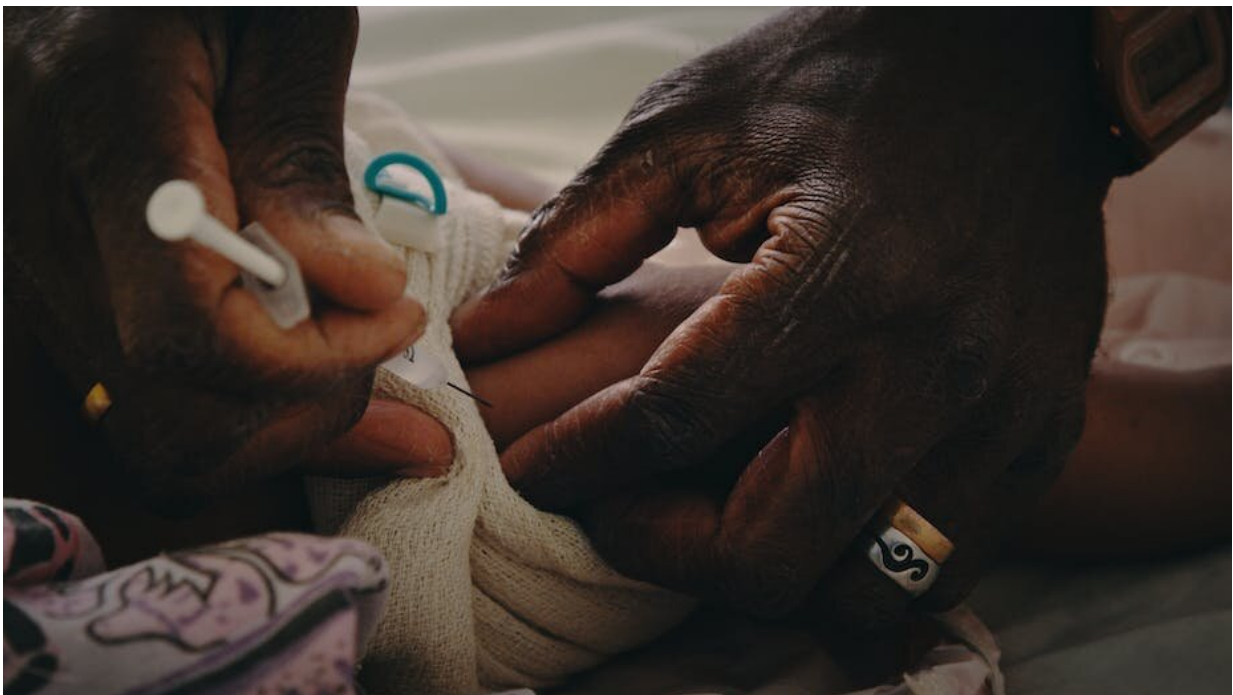


COVID pandemic created immunization gaps in Africa. More than a half-million children are at risk

September 22 2022, by Edina Amponsah-Dacosta



Routine immunisation has resulted in diseases like measles being drastically reduced. Credit: Laszlo Mates/shutterstock

The COVID pandemic exposed the fault lines in health systems and national routine immunization programs around the world.

A [recent](#) World Health Organization (WHO) report showed that the pandemic fueled the largest sustained decline in childhood vaccine coverage rates.

These declines threaten to undo the exceptional efforts made in preventing and controlling the devastating burden of vaccine preventable diseases globally. Routine immunization has prevented [two to three million deaths](#) yearly. Of the lives saved, [800,000](#) were in the Africa region. Routine immunization has led to a drastic reduction in diseases like neonatal tetanus and measles. And [bacterial meningitis](#) (type A) and polio have virtually been eliminated across the continent.

The repercussions of the pandemic on routine immunization programs in the African region are yet to be fully realized. What we do know so far is that the pandemic has resulted in substantial disruptions to national routine immunization programs. As a result, the continent is seeing an increased number of outbreaks of vaccine preventable diseases.

African countries had nearly eliminated the deadly form of meningitis type A. But a four-month-long meningitis outbreak was reported in the [Democratic Republic of Congo](#) in 2021. It accounted for 2,665 cases, claiming 205 lives. This resurgence has been [linked](#) with the suspension of meningitis vaccination campaigns at the height of the COVID pandemic. In February 2022, [Malawi](#) reported its first wild case of poliovirus type 1 in 30 years. A second case followed in [Mozambique](#) three months later. The outbreaks sparked [mass polio vaccination campaigns](#) across southern Africa.

UNICEF and the WHO have [warned](#) of the heightened risk for measles outbreaks, given widening immunization gaps.

Currently, Zimbabwe is contending with a devastating measles outbreak. Within five months, there have been [6,551 confirmed measles cases](#) and

[704 related deaths.](#)

These emerging outbreaks are a matter of great concern. They call for urgent and sustained [public health interventions](#). Unless these are put in place, the compounding effects of the pandemic could derail regional progress towards the global [immunization targets](#) that secure the health and well-being of infants and children.

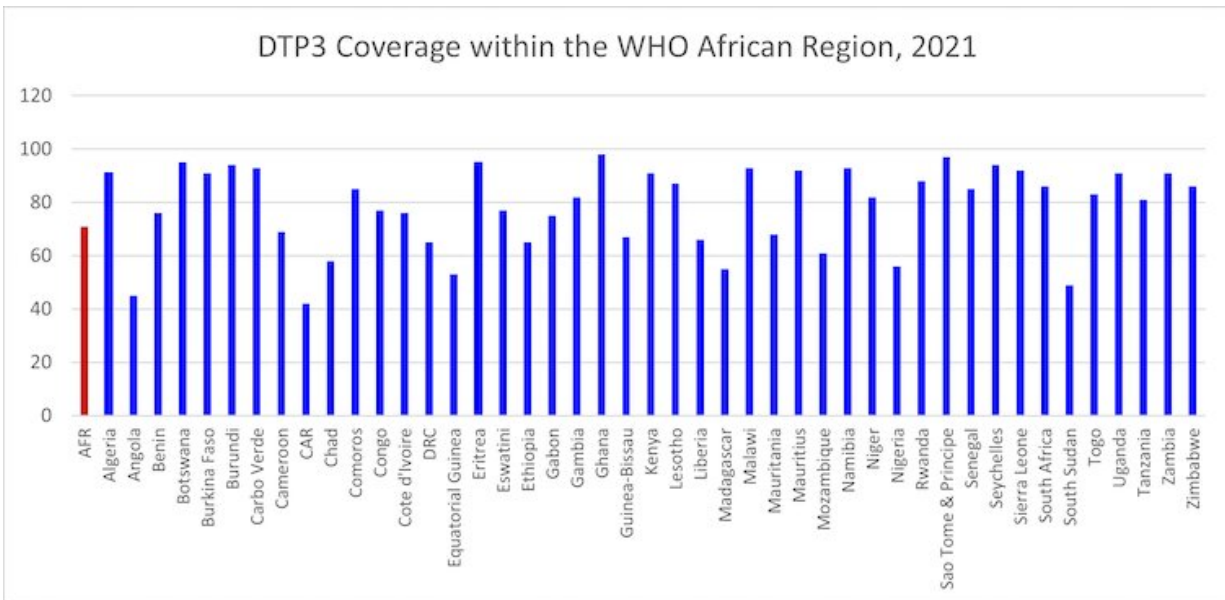
The resurgence of deadly vaccine preventable diseases underscores the importance of maintaining high vaccination coverage rates. Children everywhere must have access to all the recommended lifesaving vaccines they need. The disruptions observed during the COVID pandemic also highlight the importance of establishing resilient [health systems](#). Systems must be able to withstand acute and prolonged shocks while delivering essential health services like immunization programs.

Immunization before COVID

It is important to contextualize the performance of routine immunization programs within the African region. Even before the pandemic, the African region was already contending with a precarious situation.

For one, an [estimated](#) 30.7 million children under five continue to suffer from vaccine preventable diseases. These include rotavirus diarrhea, pneumonia, pertussis and measles. Of these children, more than 520,000 die each year because of poor access to essential immunization services.

The continent's health systems have to manage on average [150 cases of disease outbreaks and other public health emergencies](#) every year. These range from [armed conflicts](#) to [climate-related disasters](#) (including flooding, drought, and famine) and disease outbreaks. National routine immunization programs have had to function in this context.



DTP vaccine coverage in many African countries was below the WHO's 90% threshold. Credit: Data Source: WHO, <https://immunizationdata.who.int/index.html>

The pandemic widened immunization gaps

On the continent the pandemic has substantially disrupted national routine immunization programs. In many countries health systems were forced to divert limited resources to combat the pandemic. This often left immunization services vulnerable.

At the height of the pandemic, [several countries reported](#) having to suspend vaccination services. There were disruptions to vaccine supply chains which led to stockouts. The number of people taking up immunization services declined due to restrictions on public gathering. Many people also feared being exposed to the virus at health facilities.

A good measure of the COVID-related disruptions to immunization programs is the coverage of the three doses of the diphtheria-tetanus-pertussis (DTP3) vaccine. The [WHO](#) uses the coverage of DTP3 to monitor access to immunization services and measure the performance of broader health systems.

The [WHO report](#) shows that the COVID-19 pandemic contributed to a general decline in DTP3 coverage globally—irrespective of economic power or income level.

In Africa, national immunization programs in several countries maintained optimal performance, achieving [DTP3 coverage rates above 90%](#). These included Algeria, Botswana, Burkina Faso, Burundi, Ghana, Kenya, Malawi, Mauritius, Namibia, Sierra Leone, Uganda and Zambia.

Of concern, however, are the 29 countries that recorded coverage of less than 90%, creating substantial immunization gaps.

The increased misinformation and disinformation during the pandemic also led to some decline in public trust and confidence in immunization services. This has significantly affected [vaccine](#) demand.

Charting a way forward

The [pandemic](#) provides useful lessons on the importance of continuously strengthening health systems and "crisis-proofing" national routine immunization programs.

COVID-19 has been a catalyst for renewed political interest in immunization programs. But this must be followed up with regional solidarity to re-prioritize routine immunization in the national and regional public health agendas.

National governments will have the responsibility to secure and sustain donor funding while increasing domestic financial commitments that will fill the funding gaps for national immunization programs. This is in line with the [declarations they have endorsed](#).

But most importantly, there's a need to intensify demand for vaccines and immunization programs. This is critical to build back public confidence and trust in vaccines and immunization services in a post-COVID world.

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

Citation: COVID pandemic created immunization gaps in Africa. More than a half-million children are at risk (2022, September 22) retrieved 21 May 2023 from <https://medicalxpress.com/news/2022-09-covid-pandemic-immunization-gaps-africa.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.