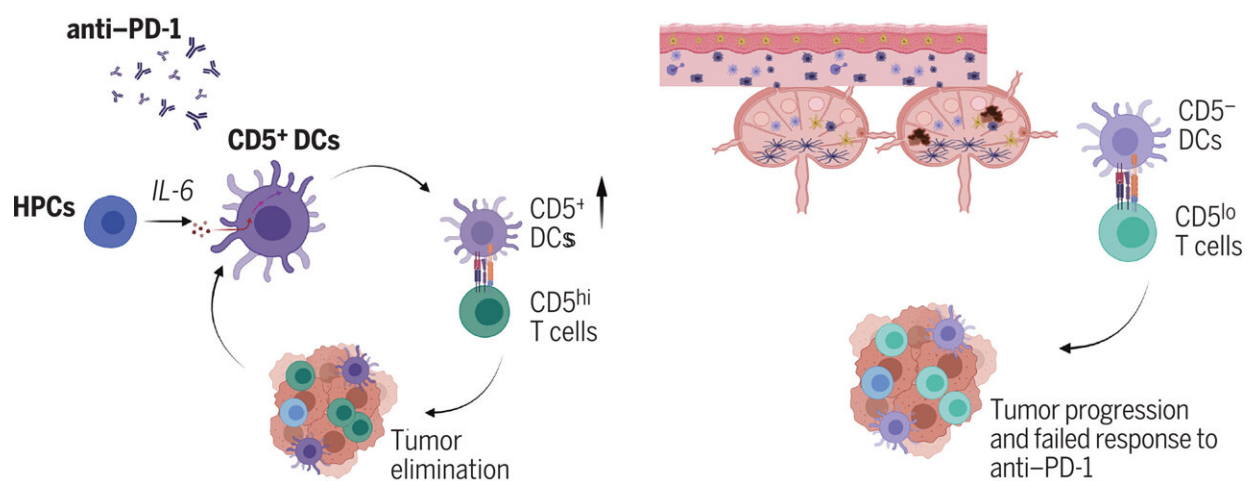


Cancer patients who don't respond to immunotherapy may lack crucial immune cells

February 16 2023



CD5+ DC frequency was reduced in tumor-affected lymph nodes, and their presence correlated with greater patient survival in multiple tumors. CD5+ DC numbers increased during ICB therapy, and low IL-6 concentrations promoted their de novo differentiation. The requirement for CD5 on DCs was linked to the priming of effector CD5^{hi}T cells and optimal ICB therapy. Credit: *Science* (2023). DOI: 10.1126/science.abg2752

Immunotherapy has transformed cancer care. In advanced melanoma, for example, the most fatal form of skin cancer, the five-year survival rate has risen from less than 10% to more than 50% since immunotherapy was introduced in 2011. Still, only about half of

melanoma patients respond to immunotherapy, and those who do not respond face a difficult future.

Researchers at Washington University School of Medicine in St. Louis have discovered that the difference between people who do and do not respond to [immunotherapy](#) may have to do with an immune cell known as CD5+ dendritic cells, because they bear the protein CD5 on their outer surfaces. The research showed that people with a variety of kinds of cancers, including melanoma, lived longer if they had more CD5+ dendritic cells in their tumors, and that mice that lacked CD5 on their dendritic cells were unable to respond well to immunotherapy.

The findings, published in the journal *Science*, suggest that a supplementary therapy designed to increase the number or activity of CD5+ dendritic cells potentially could extend the lifesaving benefits of immunotherapy to more [cancer patients](#).

"Immunotherapy has revolutionized the field of cancer therapy, but there are a lot of patients with cancer who don't benefit from it," said senior author Eynav Klechevsky, Ph.D., an assistant professor of pathology & immunology and a researcher at Siteman Cancer Center at Barnes-Jewish Hospital and Washington University School of Medicine.

"Part of the reason some people do not respond well to some forms of immunotherapy is because this population of dendritic cells is reduced dramatically. We're developing some novel immune-based approaches to boost the activation of these CD5-expressing dendritic cells with a goal of helping more patients respond to immunotherapy."

The [immune system](#) defends the body against cancer by activating [immune cells](#) known as T cells to recognize and kill tumor cells. In response, tumor cells manipulate the immune checkpoint system—a safeguard that prevents T cells from mistakenly attacking [healthy cells](#)

—to hoodwink T cells into leaving them alone. Immune checkpoint blockade therapy works by thwarting [tumor cells'](#) manipulations, thereby freeing T cells to recognize and destroy tumors. But even with therapy, some people's T cells are unable to do their job effectively.

Klechevsky and colleagues—including first author Mingyu He, Ph.D., a staff scientist, and co-author Kate Roussak, MD, a postdoctoral researcher—suspected that people who don't respond to immunotherapy may have a problem with their dendritic cells. If T cells are the players on a soccer field, dendritic cells are the coaches who get the players pumped up for the game and give them instructions. Without dendritic cells, T cells are subdued and aimless.

By analyzing data in The Cancer Genome Atlas—a public database with information on 20,000 tumors representing 33 cancer types—Klechevsky and colleagues discovered that patients with types of skin, lung, bone and soft tissue, breast and cervical cancers fared better if they had higher levels of CD5+ dendritic cells in their tumors.

Further experiments with human cells and mice showed that CD5+ dendritic cells are required for effective T cell activity against tumors. CD5+ dendritic cells from people powerfully induced T cells to activate and multiply. Mice with tumors responded only weakly to immunotherapy and failed to reject the tumors if they lacked CD5 on their dendritic cells.

The findings suggest that the amount of CD5+ dendritic cells inside tumors could be used to help doctors assess which patients are most likely to benefit from immunotherapy. They also suggest that increasing the numbers or the activity of such dendritic cells potentially could help more people benefit from immunotherapy. As part of this study, the researchers discovered that the immune protein IL-6 increases the amounts of CD5+ [dendritic cells](#).

"We still don't completely understand how immunotherapies work," Klechevsky said. "This study indicates that there is more we can do to increase the efficacy of these treatments. I'm confident that if we can find ways to harness these cells or expand these cells in patients, we can help more people."

More information: Mingyu He et al, CD5 expression by dendritic cells directs T cell immunity and sustains immunotherapy responses, *Science* (2023). [DOI: 10.1126/science.abg2752](https://doi.org/10.1126/science.abg2752)

Provided by Washington University School of Medicine

Citation: Cancer patients who don't respond to immunotherapy may lack crucial immune cells (2023, February 16) retrieved 20 November 2023 from <https://medicalxpress.com/news/2023-02-cancer-patients-dont-immunotherapy-lack.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.