

# Satellite lesions prognostic for high-risk zoster

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(HealthDay)—For patients with herpes zoster, satellite lesions are prognostic of high-risk disease, according to a study published online Dec. 30 in the *British Journal of Dermatology*.

Lara el Hayderi, from the University of Liège in Belgium, and colleagues prospectively searched for single, isolated, varicella-like [skin lesions](#) in [herpes](#) zoster patients. Relevant clinical data were obtained from 109 patients with proven herpes zoster.

The researchers identified satellite lesions in 21.1 percent of patients. The presence of lesions correlated with increased relative risk (RR) for severe, multidermatome, and multistage herpes zoster (RR, 3.27, 10.6, and 3.30, respectively; all P varicella zoster virus immunostaining in endothelial cells, in contrast to herpes zoster lesions.

"Total body examination searching for satellite lesions is a rapid, simple, and reliable tool for identifying [patients](#) with high-risk herpes zoster," the authors write.

**More information:** [Abstract](#)  
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