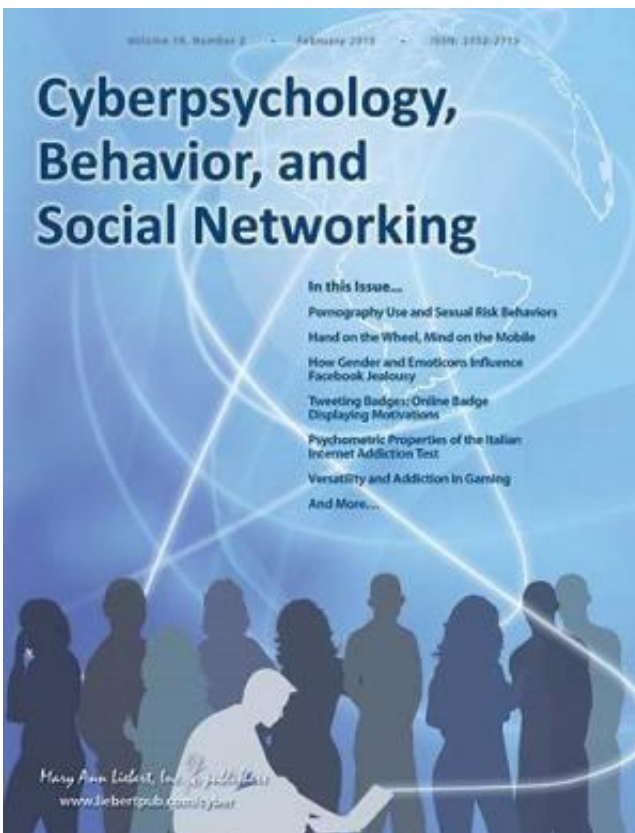


Cyberbullying linked to six-fold increase in depression among female college students

February 19 2015



Credit: Mary Ann Liebert, Inc., publishers

More than 1 in 4 females have experienced cyberbullying in college, increasing their risk for depression. Female college students who acted as cyberbullies were also more likely to report problem alcohol use, according to a new study published in *Cyberpsychology, Behavior, and*

Social Networking.

In the article "[Cyberbullying, Depression, and Problem Alcohol Use in Female College Students: A Multisite Study](#)," authors Ellen Selkie, MD, MPH and Ya-Fen Chan, PhD University of Washington, Seattle, Rajitha Kota, MPH, University of Wisconsin School of Medicine and Public Health, and Megan Morena, MD, MEd, MPH, Seattle Children's Research Institute, explored the relationship between involvement in cyberbullying—as either the person doing the bullying or being bullied—and depression or problem alcohol use.

"When counseling [college students](#), inquiring about [cyberbullying](#) during intake assessments may help clinicians uncover stressors to be targeted during treatment," says Editor-in-Chief Brenda K. Wiederhold, PhD, MBA, BCB, BCN, Interactive Media Institute, San Diego, California and Virtual Reality Medical Institute, Brussels, Belgium.

More information: The article is available free on the [Cyberpsychology, Behavior, and Social Networking](#) March 19, 2015.

Provided by Mary Ann Liebert, Inc

Citation: Cyberbullying linked to six-fold increase in depression among female college students (2015, February 19) retrieved 18 January 2023 from <https://medicalxpress.com/news/2015-02-cyberbullying-linked-six-fold-depression-female.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
