

AAFP issues comprehensive breastfeeding toolkit

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should support breastfeeding employees," Jennifer Frost, M.D., medical director for the AAFP Health of the Public and Science Division, said in a statement. "We know that there is discrimination in the workplace against breastfeeding women. Businesses need to understand that supporting [breastfeeding](#) can actually be cost-saving."

More information: [More Information](#)

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(HealthDay)—A new breastfeeding toolkit is available, which includes the U.S. Department of Health and Human Services' (HHS) business case for why employers should support breastfeeding, according to a report published by the American Academy of Family Physicians (AAFP).

To bolster its policy on breastfeeding, the AAFP has created a breastfeeding resource and toolkit. The toolkit includes the breastfeeding position paper, released in November, and offers office- and community-based tools, advocacy resources, evidence-based knowledge, and educational materials that family physicians can share with their patients. In addition, the HHS business case for breastfeeding is included in the [toolkit](#), which makes the case for why employers should [support](#) breastfeeding.

Community-based resources include culturally specific tools, such as those relevant for African-American and Hispanic populations. Additional resources also include a telephone triage protocol to help [family physicians](#) troubleshoot breastfeeding difficulties; a breastfeeding and billing resource; and an AAFP "Breastfeeding is welcome here" poster.

The HHS business case for breastfeeding "provides economic reasons for why businesses

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