

Health benefits of marriage equality

3 September 2015

Leading public health experts have urged politicians to support marriage equality and said marriage discrimination contributed to higher rates of poor mental health amongst the lesbian, gay, bisexual, transgender, intersex and queer (LGBTIQ) community.

Professor Archie Clements, Director of the Research School Population Health, said opposing marriage equality would compound [health](#) inequity.

"There is a strong [public health](#) case for marriage equality," he said.

"The World Health Organization (WHO) has recognised that health outcomes are poorer amongst the vulnerable and marginalised.

"Lesbian, gay, bisexual, transgender, intersex and queer people have higher levels of [poor mental health](#) than the general population and have higher suicide rates."

For example, more than 36 per cent of trans and 24 per cent of gay, lesbian and bisexual Australians experienced a major depressive episode in 2005, compared with 6.8 per cent of the [general population](#).

Same-sex attracted Australians are 14 times more likely to attempt suicide than their heterosexual peers.

"A definition of marriage that promotes social exclusion, stigma and discrimination will compound the health inequities of LGBTIQ people and will result in poorer health outcomes," he said.

The WHO has resolved that all member states, including Australia, take into account health equity in public policy decision making.

The children of LGBTIQ couples are especially vulnerable to [mental health](#) damage from derogatory language used in public debate, said Professor Clements.

Professor Clements contributed to a letter sent to all Federal Members of Parliament by the Public Health Association of Australia and the Council of Public Health Institutions of Australia urging parliamentarians to support marriage equality.

"Australia has made great progress towards the social inclusion of LGBTIQ people and their children in recent decades. We urge our national leaders to support marriage equality as part of their duty of care to all Australians," the letter said.

Provided by Australian National University

APA citation: Health benefits of marriage equality (2015, September 3) retrieved 29 April 2021 from <https://medicalxpress.com/news/2015-09-health-benefits-marriage-equality.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.