

Duration of estrogen deficiency linked to fibrosis risk in NAFLD

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(HealthDay)—For postmenopausal women with nonalcoholic fatty liver disease (NAFLD), longer duration of estrogen deficiency is associated with increased odds of having more severe fibrosis, according to a study published online Feb. 26 in *Hepatology*.

Jagpal Singh Klair, M.D., from the University of Arkansas for Medical Sciences in Little Rock, and colleagues examined the [correlations](#) of age at menopause and time from menopause with fibrosis severity in postmenopausal women with NAFLD. Data were included for 488 [postmenopausal women](#) with histologic diagnosis of NAFLD.

The researchers found that women with premature menopause (age at menopause of

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