

Month of BID pimecrolimus best in facial seborrheic dermatitis

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(HealthDay)—Pimecrolimus 1 percent cream applied twice a day for

four weeks seems to be the best regimen for patients with facial seborrheic dermatitis, according to a study published online June 7 in the *Journal of Cosmetic Dermatology*.

Juemin Zhao, M.D., from Fudan University in Shanghai, and colleagues examined the comparative efficacy of pimecrolimus 1 percent cream with different treatment regimens in 30 patients with facial seborrheic dermatitis. The regimens included treatment with topical pimecrolimus cream twice daily for two weeks then a moisturizer cream twice daily for two weeks (Group 1), pimecrolimus cream 1 percent twice daily for two weeks then once daily for two weeks (Group 2), and a consecutive course of pimecrolimus cream twice daily for four weeks (Group 3).

The researchers observed significant decreases in the clinical severity scores of all three regimens at week four (P life quality.

"We recommend pimecrolimus 1 percent [cream](#) could be applied twice a day for 4 weeks to treat seborrheic dermatitis," the authors write.

More information: [Abstract](#)
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