

Immunosuppression underlies resistance to anti-angiogenic therapy

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A Massachusetts General Hospital (MGH) research team has identified a novel mechanism behind resistance to angiogenesis inhibitors - drugs that fight cancer by suppressing the formation of new blood vessels. In their report published in the *Journal of Clinical Investigation*, the team based in the Edwin L. Steele Laboratories for Tumor Biology in the MGH Department of Radiation Oncology describes finding in mouse models how anti-angiogenesis treatment induces a microenvironment that suppresses immune systems actions that would otherwise help to eliminate a tumor. They also developed a potential strategy for getting around this resistance mechanism.

"Deciphering and targeting mechanisms involved in [resistance](#) to anti-angiogenic therapy is critical to realizing the full potential of this promising cancer therapy," says Dai Fukumura, MD, PhD, deputy director of the Steele Labs, co-senior author of the paper. "Not only is this the first report investigating the role in anti-angiogenic cancer therapy of a subset of innate immune cells - Ly6Clow or non-classical monocytes - it is also the first to find an immunosuppressive function for these cells and to identify that as the key mechanism conferring resistance to anti-angiogenic therapy."

Angiogenesis inhibitors - often given in combination with traditional therapies - can improve treatment for several types of cancer, both by restricting the growth of new blood vessels and by "normalizing" the abnormal vessels in and around a [tumor](#) that can interfere with both chemotherapy and radiation therapy. But resistance to anti-angiogenic

therapy limits the drugs' survival benefits. Several studies have suggested a role in the development of resistance for the immune system - particularly innate immune cells that suppress immune activity. But how specific subsets of these cells contribute to resistance has not been defined.

A series of experiments in mouse models of colorectal cancer first revealed that treatments blocking the vascular endothelial growth factor (VEGF) pathway - the target of approved anti-angiogenic drugs - induce the accumulation of monocytes and neutrophils. It soon became apparent that the buildup of non-classical monocytes - a subset previously identified as patrolling healthy blood vessels and possibly having an anti-tumor effect in lung cancer - was responsible for development of an immunosuppressive tumor microenvironment in colorectal cancer.

The research team identified the signaling pathway by which VEGF blockade induces expression of a molecule called CX3CL1 on tumor cells, [attracting non-classical monocytes](#) that carry the matching receptor. Those cells, in turn, attract neutrophils with another molecule called CXCL5; and both immune cells express factors that inhibit the proliferation of T cells, reducing the overall immune response to the tumor. Examination of biopsy samples taken from human patients before and after anti-angiogenic therapy revealed that expression of these chemokines - molecules that attract immune [cells](#) - increased in response to anti-VEGF treatment.

Since several methods of experimentally blocking the pathway improved the effects of anti-VEGF therapy in the mouse models, the team collaborated with Massachusetts Institute of Technology investigators to develop a potential gene therapy approach. Utilizing nanoparticle-delivered RNA interference against the interaction between CX3CL1 and its receptor, the approach significantly reduced the infiltration of non-classical monocytes into treated tumors and increased the beneficial

effects of anti-VEGF therapy in a [mouse model](#).

"Targeting resistance mechanisms can improve the efficacy of anti-angiogenic therapy drugs and help fulfill their promise against cancer," says Fukumura, an associate professor of Radiation Oncology at Harvard Medical School (HMS). "Our study's unveiling of a novel resistance mechanism to anti-VEGF [therapy](#) and the molecular mechanism underlying that resistance offers a basis for the development of novel and efficient immunotherapeutic strategies to treat solid tumors."

Rakesh K. Jain, PhD, director of the Steele Labs and co-senior author of the *Journal of Clinical Investigation* report, adds, "Tumors also escape the immune system through immune checkpoint molecules like PD-1 and CTLA-4, which are the targets of recently approved drugs. But that strategy has been effective only in some tumor types and in only a fraction of patients. Therapeutic strategies based on our findings regarding the immunosuppressive action of non-classical monocytes may prove to have synergistic effect with those approved immune checkpoint inhibitors." Jain is the Cook Professor of Radiation Oncology (Tumor Biology) at HMS.

More information: Keehoon Jung et al, Ly6Clo monocytes drive immunosuppression and confer resistance to anti-VEGFR2 cancer therapy, *Journal of Clinical Investigation* (2017). [DOI: 10.1172/JCI93182](#)

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