

Specific efforts may aid quality of life for schizophrenia caregivers

21 September 2017



"Findings may assist in the development of culturally integrated rehabilitation programs to decrease affiliate stigma and increase family engagement as a means of promoting quality of life for primary [family](#) caregivers living with people who have schizophrenia," the authors write.

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(HealthDay)—Reducing affiliate stigma and strengthening the quality of family-centered care may improve health-related quality of life for primary family caregivers of people with schizophrenia, according to a study published online Sept. 7 in the *Journal of Clinical Nursing*.

Chiu-Yueh Hsiao, Ph.D., R.N., from Asia University in Taiwan, and colleagues examined factors of health-related quality of [life](#) in 122 primary family caregivers of people with schizophrenia receiving in-patient psychiatric rehabilitation services.

The researchers found that the factors tied to poor health-related quality of life included primary family caregivers who were parents, older, less educated, and had a lower monthly household income, increased affiliate stigma, and decreased quality of family-centered care. The most critical determinants of health-related quality of life were monthly household income, affiliate stigma, and quality of family-centered care.

APA citation: Specific efforts may aid quality of life for schizophrenia caregivers (2017, September 21) retrieved 11 October 2022 from <https://medicalxpress.com/news/2017-09-specific-efforts-aid-quality-life.html>

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