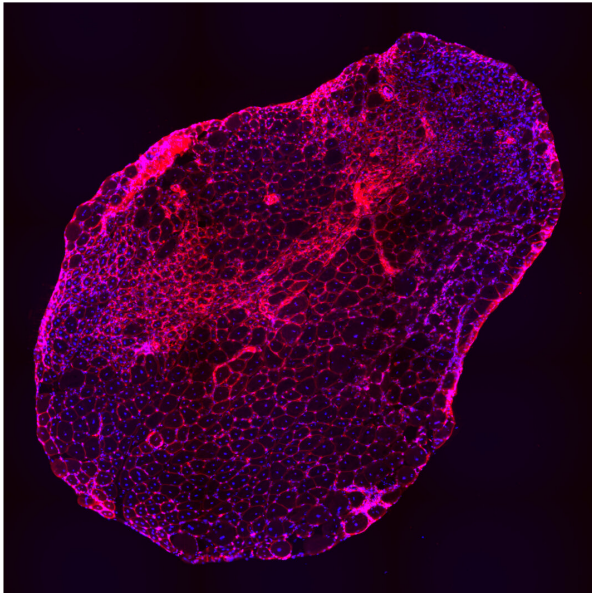


# Releasing brakes: Potential new methods for Duchenne muscular dystrophy therapies

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A stained cell modeling Duchenne muscular dystrophy used in the study. Credit: University of Pennsylvania

Researchers identified a group of small molecules that may open the door to developing new therapies for Duchenne muscular dystrophy (DMD), an as-yet-uncured disease that results in devastating muscle weakening and loss. The molecules tested by the team from the Perelman School of Medicine at the University of Pennsylvania eased repression of a specific gene, utrophin, in mouse muscle cells, allowing the body to produce more utrophin protein, which can be subbed in for dystrophin, a protein whose absence causes DMD. These findings were published this month in *Scientific Reports*.

"We're trying to find therapies that will restore a patient's muscle function without resorting to [gene therapy](#)," said the study's senior author Tejvir S. Khurana, MD, Ph.D., a professor of Physiology and

member of the Pennsylvania Muscle Institute.

"Increasing [utrophin](#) is a major focus of [muscular dystrophy](#) research. While, ideally, we would replace the missing dystrophin in patients, there are a number of technical and immunological problems associated with this approach."

Introducing dystrophin through gene therapy is challenging for two main reasons: First, the dystrophin gene is extremely large. It requires extensive down-sizing and conversion into a micro-dystrophin to fit the Adeno-associated viral vectors being used clinically for gene therapy. The second challenge is the immune system. Since the patient's body never produced dystrophin, it interprets the new micro-dystrophin protein as a foreign, hostile invader and attacks, which may lead to adverse events and nullify any benefits.

"We're using an approach that attempts to increase utrophin levels in the body because it has functional characteristics and a genetic structure similar to dystrophin. Since the body already produces it, the [immune system](#) recognizes the protein as the body's own and does not attack it or the cells producing it, even when over-expressed," Khurana said.

There have been other attempts to use utrophin as a substitute for dystrophin using drugs, but those methods have focused on boosting utrophin through activating the "promoter," the part of a gene that kick-starts the process of its expression in a person. Using the metaphor of trying to move a car, Khurana said that this approach is like pressing the gas pedal.

However, there are also mechanisms within the body that limit the expression of proteins. It makes simply stimulating more utrophin production similar to pressing a vehicle's gas pedal while the brake is on: there may be some movement, but not a lot.

Khurana and his team, including first author

Emanuele Loro, Ph.D., a Physiology research associate at Penn Medicine, decided to try an approach that would be similar to releasing the parking brake. They believe that by overpowering the repression with drugs, the body would naturally produce more of the utrophin it was already making. The process is referred to as "upregulation," and they hoped it would cover for the missing [dystrophin](#).

The researchers tested a collection—called a "library"—of different small molecules in a utrophin cellular assay they developed. Through this, they found 27 promising "hits." After ranking their effectiveness using an algorithm they developed called Hit to Lead Prioritization Score (H2LPS), 10 molecules were extensively tested in muscle cell lines, and the top-scoring molecule, trichostatin A (TSA), was tested in a mouse model of muscular dystrophy where it led to significant improvements in muscle structure and function.

With the molecules they identified, Khurana and his team believe they've found potential ways of developing therapies to treat DMD patients. Testing is still in early stages, but Khurana is very excited about the doors this discovery will open.

"Our next steps here will be to do more screenings to identify new hits using chemically diverse libraries," Khurana said. "This is a completely new approach to increase utrophin for this condition, and we're very keen to test it further and eventually bring it to clinical trials."

**More information:** Emanuele Loro et al, High-throughput identification of post-transcriptional utrophin up-regulators for Duchenne muscle dystrophy (DMD) therapy, *Scientific Reports* (2020). [DOI: 10.1038/s41598-020-58737-6](https://doi.org/10.1038/s41598-020-58737-6)

Provided by Perelman School of Medicine at the University of Pennsylvania

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