

Holiday shopping do's and don'ts during COVID-19

November 9 2020, by From Mayo Clinic News Network, Mayo Clinic News Network



Credit: CC0 Public Domain

As the holiday season gets underway, shopping may look a lot different this year because of the COVID-19 pandemic. When choosing retail stores to visit, Dr. John O'Horo, a Mayo Clinic infectious diseases physician, says you should look for businesses that take extra precautions

to create an environment that limits exposure to the virus—and be sure to follow those important protocols.

Look for businesses that offer safety precautions for their customers and staff, including the following:

- Enforces face mask policy
- Offers face masks if you forget one
- Hand sanitizer at entrance
- Touch-free payment options
- Encourages social distancing
- Limits the number of customers in the store at one time

Dr. O'Horo says it's important that everyone does their part to help reduce community spread of COVID-19. Stay home and refrain from shopping or being around others if you are not feeling well, if you have been exposed to someone who has tested positive for COVID-19, or if you have a fever.

Citation: Holiday shopping do's and don'ts during COVID-19 (2020, November 9) retrieved 22 January 2023 from <https://medicalxpress.com/news/2020-11-holiday-donts-covid-.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.